Marriage Meditation 2

Pastor William E. White, Pastor of Discipleship & Mrs. Cynthia White
Hello Covenant Keepers,

Marriage Meditations are a personal Bible Study for your spouse and you. It is a time where the two of you can reflect on your relationship with God and with each other. As you engage in these meditations, our prayer is that the time you spend together in God’s Word will strengthen your marriage relationship as well as deepen your commitment to Christ.

Each meditation includes a scripture study, thought provoking question(s) & calls to action. They are designed to strengthen your personal relationship with Christ and your spouse. Please pray with your spouse as you complete each mediation.

Pastor William & Mrs Cynthia White
His Prayer Journal

How does your personal walk with the Lord impact your marriage relationship?

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Meditation 2
Black Love

For Ezra had set his heart to study the law of the Lord & to practice it, & to teach His statutes and ordinances in Israel.

Ezra 7:10 New American Standard Bible (NASB)

“Be devoted to one another in love. Honor one another above yourselves.”

Romans 12:10 New International Version (NIV)

“No one has ever seen God; but if we love one another, God lives in us and His love is made complete in us.”

I John 4:12 (NIV)

“in the same way you husbands must give honor to your wives. Treat your wife with understanding as you live together. She may be weaker than you are, but she is your equal partner in God’s gift of new life. Treat her as you should so your prayers are not hindered.”

I Peter 3:7 New Living Translation (NLT)

Trina & Timothy have been happily married for several years. They both love the Lord and attend church regularly. However, Trina never speaks up when Timothy is a little too controlling or passive aggressive. Since he is not physically abusive, she thinks the Christian response is to forgive and not confront. Timothy thinks he is being a leader and protector as the Bible describes.

What is the biblical definition of the husband/wife relationship? Are husband and wife equal in the marriage relationship? What is submission?

On the reflection page, define your relationship.
On the prayer page, write your prayer for your spouse.

Call to Action (CTA) #1: This week identify 1 affirming thing you can do or say to your spouse. Do it or say it this Friday by 7pm.

CTA #2: Separately, write out 1 thing you would like your spouse to change. Clearly examine your feelings & why this bothers you. Share with your spouse on Friday by 8pm. (Use “I” messages!)
His Reflection

How does your personal walk with the Lord impact your marriage relationship?

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Her Reflection

How does your personal walk with the Lord impact your marriage relationship?

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