

Marriage Meditation 1

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Hello **Covenant Keepers**,

Marriage Meditations are a personal Bible Study for your spouse and you. It is a time where the two of you can reflect on your relationship with God and with each other. As you engage in these meditations, our prayer is that the time you spend together in God’s Word will strengthen your marriage relationship as well as deepen your commitment to Christ.

Each meditation includes a scripture study, thought provoking question(s) & calls to action. They are designed to strengthen your personal relationship with Christ and your spouse. Please pray with your spouse as you complete each mediation.

Pastor William & Cynthia White

Her Prayer Journal

How does your personal walk with the Lord impact your marriage relationship?

His Prayer Journal

How does your personal walk with the Lord impact your marriage relationship?

Meditation 1

Your Walk with The Lord

For Ezra had set his heart to study the law of the Lord and to practice it, and to teach His statutes and ordinances in Israel. *Ezra 7:10 New American Standard Bible (NASB)*

Be diligent to present yourself approved to God as a workman who does not need to be ashamed, accurately handling the word of truth. *2 Timothy 2:15 (NASB)*

Teea & Tom have a good marriage relationship. They went to premarital counseling & attend church regularly. Teea attends a women's Bible study and Tom goes to OBLACC at least once a month. They don't read the scripture together much if at all. They don't have a regular family prayer time.

How does your personal commitment to studying God's Word affect your walk with the Lord & impact your marriage relationship?

What are the pros & cons of married people studying the Word together & praying with each other?

On the **reflection** page, make a list of your activities that contribute to your personal spiritual walk & growth.

On the **prayer** page, write your goals for your personal spiritual growth. *If you have none, seek counseling!*

Call to action: **Identify** 2 things 1 that you can **do** today (with 1 of them to be started/completed within 7 days) that focuses on accurately handling God's Word for Bible study and marriage.

2nd, **write** a note to your spouse expressing your appreciation of him/her. **Give** it to your spouse at Sunday dinner or on your date night.

His Reflection

How does your personal walk with the Lord impact your marriage relationship?

Her Reflection

How does your personal walk with the Lord impact your marriage relationship?
