Your Year to Say Yes!

January 2nd - February 10th
40 Days of Fasting and Prayer 2016
“Reinvent, Restructure, Renew, Recommit, and Revive!”

2 Corinthians 5:17

Dr. Frederick D. Haynes, III
Senior Pastor
Friendship West Baptist Church

40 Days of Prayer & Fasting 2016 – Jan 2 to Feb 10

Foundational Components
The Book of The Bible for Personal Reflection (for entire program) is Nehemiah.

Reflective Scripture
- 2 Corinthians 5:17 New Living Translation (NLT). This means that anyone who belongs to Christ has become a new person. The old life is gone; and new life has begun!

The 40 Days of Prayer & Fasting will focus on the following five areas, the 5R’s:
- Reinvention (Nehemiah 2:18-20) Jan 2-9
- Restructure (Nehemiah 4:15-20) Jan 10-16
- Renew (Mark 2:21-22; Luke 5:36-39; Titus 3:5; Psalm 51:10-13) Jan 17-23
- Recommit (Matthew 20:28; Galatians 2:20; Philippians 1:21; Titus 3:5) Jan 24-30
- Revival (Psalm 23:3, Psalm 51) Jan 31-10

Times of Fasting – 1/2/16 thru 2/10/16 7am-7pm daily

Audio Recordings – Overview of 40 Days and Insights on Prayer & Fasting
- Fasting, Dial 712-432-3903; Conference ID 122330; Sharing Code 2299
- Prayer, Dial 712-432-3903; Conference ID 122330; Sharing Code 2309

20/20/20 – 20 minutes each of Prayer, Praise & Preaching (1 hour service) – 1/2/16 thru 2/10/16
- Each Tuesday and Thursday, 6-7 pm, beginning 1/5/16 in the Choir Room

Mid-Point Saturday Prayer Meeting – 1/16/16, Choir Room, 10 – 11am

Prayer Panel and the 5 R’s, Wednesday Night – 1/27/16
- Instead of traditional Word & Wonders, 7pm

“Friday Night Live” Shut In – Friday, 2/5/16, 7pm – 7am
- Prayer, Praise, Testimonies, & Word; Plus breakfast at the conclusion of the shut in.

Prayer Line Focus on the 5 R’s – 1/2/16 thru 2/10/16
- Each Monday, Monday Morning Meditation, led by Rev. Haynes, 6 - 6:21am
- Each Monday – Friday, 5-6 am
- 712-432-3900 Conference ID 122330
Meditate on the themes, and related scriptures:

- **Reinvention** (Nehemiah 2:18-20) Jan 2-9
  - How should we reinvent ourselves as a church and as individuals in light of changes and challenges of the new century?

- **Restructure** (Nehemiah 4:15-20) Jan 10-16
  - Once the church or we, individually, have been reinvented, how must we restructure (change) to bring the reinvention to life?

- **Renew** (Mark 2:21-22; Luke 5:36-39; Titus 3:5; Psalm 51:10-13) Jan 17-23
  - How will we renew our lives through the Holy Spirit?

- **Recommit** (Matthew 20:28; Galatians 2:20; Philippians 1:21; Titus 3:5) Jan 24-30
  - How will we recommit to God’s vision?

- **Revival** (Psalm 23:3, Psalm 51) Jan 31-10
  - As a result of the culmination of the above, how will we celebrate God and maintain the plan we have outlined.

**Read and medicate on the scripture of the day.** Each day a scripture will precede the prayer of the day. Open your bible and read the scripture in context. Use reference tools as needed to deepen your understanding.

**Read the prayer of the day.** Each prayer will focus on one of the Five R’s each day. Read the prayer and consider how it can be applied to our church or to you, individually.

**Read the book of Nehemiah.** It contains all five elements of the themes, hence it was selected as the book of reflection for this prayer and fasting journey.

**Write in your journal daily.** Use a notebook or journal to detail your journey. Document how your feel. Write down how the scripture, prayer, and or theme is relevant to our church, or to you individually. Denote your personal commitment to each ‘R’. You can reflect on it later to assess your progress.

**Listen to our Senior Pastor’s Monday Morning Meditation.** Each Monday Rev. Dr. Frederick D. Haynes, III, will offer a meditative word for the week that aligns with our prayer and fasting journey. You don’t want to miss it! Dial 712-432-3900; Conference ID 122330, 6-6:21 am each Monday.

**Join the prayer line weekdays.** We will reaffirm the scripture, prayer and theme for the day. You are encouraged to pray aloud or pray silently. Dial 712-432-3900; Conference ID 122330; 5-6 am Monday thru Friday.

**Stick to the journey.** Remember this is your personal commitment to God. Consider an accountability partner or team to encourage you during this 40 days of prayer and fasting.
**HOW TO FAST SUCCESSFULLY**

Isaiah 58

Fast – a religious discipline; abstinence from food or drink; to afflict the soul

**Reasons for Fasts**
1. For repentance to ward off present or future destruction and to supply a discipline of fasting and prayer (Jonah 3:4-10)
2. To humble ourselves (Psalm 35:13) NKJV
3. For protection of self, family, personal property (Ezra 8:21,23)
4. To draw closer to God (James 4:8)
5. To resist the power of the devil (James 4:7)
6. For deliverance from demonic possession (Matthew 17:20-21) NKJV
7. Healing (II Chronicles 7:14) NKJV of nations, individual, relationships etc...
8. To get extra help and blessings from God (James 4:6)
9. For direction from God (Ezra 8:21) NKJV
10. To Gain control of yourself (II Chronicles 7:14) Humble, seek, pray, and then you can TURN!

**Different Types of Fasts**
1. Partial (Daniel 10:2-3) No meat, certain items but not all 21 days
2. Complete/Total (Esther 4:16, Jonah 3:7)
3. Corporate (Jonah 3)
4. Personal (Matthew 4:1-2)

**Hindrance to an Effective Fast**
1. Wrong motives (Matthew 6:16), Adoration from others, trying to impress God (Isaiah 58:3)
2. Unforgiveness (Matthew 6:14-15)
3. Selfishness (Isaiah 58:3)
4. Continued Sin (Isaiah 58:4)
5. It becomes religious instead of relationship oriented (Isaiah 58:5)
6. Inconsistency (Matthew 7:7) NLT
7. Not having a goal

**What Happens During a Fast?**
1. The devil comes to tempt you and attack you (Matthew 4:3)
2. You lose weight; your stomach shrinks
3. You may get depressed, lonely, etc.....
Suggestions for Fasting

1. Set a goal (Daniel 9:3) NKJV
2. Don’t make it obvious (Matthew 6:16)
3. Write down the date you start and the date you plan to end and journal results (Habakkuk 2:2)
4. Be patient (Habakkuk 2:3)
5. Start with something you can do
6. Pray when your head or stomach hurts
7. See your doctor before you begin a fast and don’t over eat when your fast is over
8. Pray the last 30 minutes of your fast
9. Read the bible or a devotional when you are supposed to eat
10. Resist
11. Children can choose to fast from: sweets; games; phones; television (for a time or in moderation)

Why am I fasting?

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What will I give up, for God, during my fast?

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Consider joining or creating a fasting team of up to 10 people to encourage each other during this journey. List who will be on your team. Denote how and when you will communicate with one another?

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PRAYER: THE WHAT, WHY & HOW

What is prayer?

Prayer is communication with the only true and living God. Prayer helps us to grow spiritually. As we pray we begin to build an intimate relationship with God. Through prayer we appeal to God for his mercy, grace, and love.

Why must we pray?

God’s Word commands us to pray (Luke 18:1, 10:2). Jesus also prayed (Matthew 4:1-2). Jesus who is the Word, who is God, the Creator and Sustainer prayed before every major decision.

How must we pray?

One of the most important elements of effective prayer is praying to the Father in JESUS’ name (John 14:13-14). We must also pray by faith, continually, with a pure heart, with thanksgiving, and assurance that our prayers will be answered (Mark 11:24-25) (1 Thessalonians 5:16-18) (Philippians 4:4-7). There is no right or wrong way to pray. Prayer styles vary, and yours is uniquely designed for you.

Why do our prayers sometimes go unanswered?

Isaiah 59:2 It’s your sins that have cut you off from God. Because of your sins, he has turned away and will not listen anymore. (New Living Translation)

- Un-forgiveness (Mark 11:25)
- Self-indulgence (James 4:7)
- Doubt (James 1:5-8)
- Rejecting God (Proverbs 28:9)
- Un-confessed Sin (Micah 3:4)
- Disobedience (Proverbs 28:9)
- No love or compassion (Proverbs 21:13)
- Pride (Deuteronomy 1:43,45)

Christians do not realize the impact of sin in our daily lives. We have spiritual and emotional barriers to prayer because of our un-confessed sin. For God to answer our prayers we must confess our sins, humble ourselves, seek God, and turn away from those things that are not pleasing to God. (Psalm 65:2)

New to Praying: What should be included in our prayers?

Although prayer cannot be reduced to a formula, certain basic elements should always be included in our communication with God: Adoration, Confession, Thanksgiving, and Supplication (ACTS).
• **ADORATION**: To adore God is to worship, praise, honor, exalt him with our mouth, in our hearts, and with our mind. To acknowledge God’s Holiness.

• **CONFESSION**: We must confess our sins and turn away from our worldly ways.

• **THANKSGIVING**: An attitude of thanksgiving to God, for who he is and for the benefits and privileges we can enjoy because we belong to him. We must thank God not just for the blessings, but for the problems and adversities as well.

• **SUPPLICATION**: Making a personal request to God for our own needs and on the behalf of others.

Prayer is critical and necessary for Christians. As we spend time with God in prayer, he will give us the answers to our questions, solutions to our problems, guidance when in a dark or lost place in life, peace in the midst of a storm, understanding when we are confused, courage when we are dismayed, and faith when we’re in doubt. When we pray according to God’s will, which is His Word, we can be assured that our prayers will be answered.

**What will I be in prayer for during this fast?** Consider what needs to be reinvented, restructured, renewed and/or revived for our church or for you individually. Consider how you will recommit to God in 2016.

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**Questions about 2016 Prayer & Fasting? – Contact the GAAP Community**

**What is G.A.A.P?**  God Adores & Answers Prayer, is the prayer community of our Church. The purpose of this Community is to undergird the church in prayer, encourage prayer within the life of the church, and to serve as intercessors on behalf of others.

**How do I contact GAAP?**
Email us at gaap@friendshipwest.org
Call us at (972) 228-7232  Like us on FaceBook, FWBCGAAP  Follow us on Twitter, @fwbcgaap
PRAYERS FOR REINVENTION

January 2, 2016
A New Thing in the New Year

“Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it?” Isaiah 43:18-19b NIV

Heavenly Father, most gracious and amazing God we come praising and glorifying your holy name. Thank you, Abba for your “grace and mercy” that have allowed us the opportunity to see the end of 2015 and the beginning of 2016. Lord, we give you glory and honor that you have allowed us another chance for reinvention. O God my Father, we don’t take this for granted. As we begin this new year of 2016 we want to seek you with all our hearts.

Father, we pray that you give us spiritual discernment so that every thought we have will be brought into captivity to obey your holy word. I am thankful that because of Jesus Christ, we are now new creations, made over in your image and likeness through salvation, which comes from truth and grace. O My Lord and Master, we thank you for the process of reinvention of our minds, taking place through your word. We know reinvention begins there.

Father, we thank you as we take off the old man, and all of our self-condemnation and negativity, we put on the new man renewed in knowledge after your image. We thank you for your unconditional love, for your agape love. That love which is always there for us, according to your promises of “to never leave or forsake us.”

Submitted by Sandra Brown

January 3, 2016
Make our Minds Brand New with Brand You

“Let this mind be in you, which was also in Christ Jesus.” Philippians 2:5 KJV

Lord, Thank you that our minds are active and powerful. Yet, Lord, our minds belong to you. Reinvent our mind so our thoughts may stay on you. While, we can freely think and do as we want, it leads to a futile life without you. It leads to sinful ways, evil ideas, proud thoughts, and self-centeredness. Without your word, our minds will imagine what we want and will do. Lord, as we read and study your word, help our minds to be equipped with your will and plan for our lives. Give us the mind to live a life of peace, kindness, patience, and power to live for Christ Jesus, and not ourselves. As we read your word, speak to our minds and tell us of your wonders, love, grace, mercy and truth. Lord, please reinvent us. As we pray, help us to know that we are dependent on your word. Give us what to do each day so we can prosper and be blessed only in Jesus. Allow your Holy Spirit to lead and guide us the right way, to Jesus and his love. Amen.
“Guide us O thou great Jehovah, pilgrims through this barren land. We are weak, but you are mighty. Hold us with your powerful hand.” Lord, we reverently recognize that you are all wise and in control.

With excellent greatness you preside over the rising of the sun, the changing of seasons, the movement of history and our personal development. Thank you for your personal interest and involvement in our lives. Thank you for your purposeful intent for our lives. You know what you’re doing; and as my Heavenly Father, you know what’s best for me!

Please forgive me for anything that has caused me to miss your signals. I have sinned and I am sorry. I don’t want anything to come between you and me! Forgive me and cleanse me so that the line of communication will be clear and I will, by faith, receive what you say.

Now, I ask that you would order my steps and my stops. I want to know and do your will for my life! I have personal desires; and sometime I listen to people, who, perhaps shouldn’t influence me. Give me the strength and faith to wait until I hear from you!

I have personal issues that cause me to get in my own way and those issues preclude me from hearing from you. Give me the grace to overcome those issues. Deliver me from those issues that hold me captive.

I must honestly admit that my fears make it difficult to receive your revelation. I desire to face my fears with faith in you. In some areas of my life, I’m in so much pain that I’m not sure if I can hear you. Life hurts I need your healing and comforting touch. Now Lord, give me the wisdom to discern your voice and the faith to act on what you say. I trust you and your love and will for me. Speak Lord, for your servant is listening.

I pray this in the name of him who orders our steps and guides us with grace, Jesus the Christ. Amen.

“But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ Therefore, I will boast all the more gladly about my weaknesses so that Christ’s power may rest on me.” 2 Corinthians 12:9 NIV
Father God, Thank you for showing us that as we go through this reinvention and pruning process we don’t have to do it in our own strength. Father, thank you for showing us that our weakness is made perfect through your strength. We don’t have to make ourselves perfect, because you are perfecting us, even in our weakness. Oh My Lord and Savior, because we continue to be transformed in your image, we are no longer the CEO’s of our own minds and vain imaginations. We ask you, Lord Jesus, to become the new CEO of all our thoughts so they align with your holy word. Heavenly Father, we thank you that as we go forth during 2016 you will continue to renew our minds and give us the grace to work with you fully in this process of reinvention and transformation. Thank you for your amazing and awesome love. We give you all the glory and honor as we are ready to be reinvented by you. In the name of Jesus the Christ. Amen.

Submitted by Sandra Brown

January 6, 2016
Reinvention Through Your Word

“This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.” Joshua 1:8 KJV

Lord God, your word is our bread from heaven. We plead that you reinvent us with your word. Only your word satisfies our souls. Your word is our light in the darkness. Your word is our only salvation. Lord, we thank you for your word. Feed us your word when we study. Give us your truth to live by. Allow the Holy Spirit to move by your word. Grant us your will through your word.

Thank you for the word that has journeyed the tests of time. Your word has gone through many trials and continues to be the only truth that exists. Thank you for your word that was before the beginning of time.

We receive your word that provided a ransom for our sins. We receive your word that makes us whole and new. We receive your word that sets us apart.

Your word gets us through trials, tribulations, distress, dangers, disappointments, and discouragement. Your word provides us with hope, and love. Your word gives us a way when there is no way. Thank you for the word.

As we meditate on your word, show us how to live for you, show us how to know joy in you, and show us your will so we will live as you require us to live.

Lord help us to memorize and remember your word, so we can live by it. Lord help us to receive your word in our hearts and have compassion for others.
Lord help us to hold on to your word for times of celebration or difficulties, hope and distress, joy or pain. Your word is our only provision for life. Your word gives us the means of hope, salvation, trust, and love.

Your word is our only way to Jesus. Only in your word are there blessings and prosperity. Thank you for your word. In Jesus Name, Amen.

Submitted by LaVera Caston

January 7, 2016
Rebuilding our Church

“...The God-of-Heaven will make sure we succeed. We’re his servants and we’re going to work, rebuilding. You can keep your nose out of it. You get no say in this...!”
Nehemiah 2:20 MSG

Heavenly Father, we come to you on this day, which you created before we were born, to ask that you reinvent our church in the manner that is fitting and pleasing to you. Take over the minds and thoughts of our church leadership to be inventive in a new way. Grant them new “out of the box” thinking techniques and skills. Have our church soar to heights above and beyond where our congregation can imagine.

Continue to bless our Senior Pastor with visionary leadership. Grant him the workmen and workwomen to catch the vision and execute it as you would have it to be. Grant him with an army of your children to march, on one accord, in the direction.

Grant our pastoral team the ability to hear any final edits that you make. Enable them to continue to see you plainly and boldly. Help them to hear you crisply and unequivocally. Help them to lead our church to embody the qualities you desire that we have. While you are yet moving in our direction, we give you all the praise and the glory!

Submitted by Gisele Marcus

January 8, 2016
Make the Path Plain

"Then I told them of the hand of my God which was good upon me; as also the king's words that he had spoken unto me. And they said, Let us rise up and build. So, they strengthened their hands for this good work." Nehemiah 2.18, KJV

Father God, in the name of Jesus, Thank you so much for leading us on a path to reinvention. As we are blessed to see a new year, we ask for your guidance and favor. We need your wisdom during our transition as we become who you want us to be. You understand our purpose on this earth. Lord use us so that we may lead better lives, as well as make this world a better place for others. May we also be surrounded with people
who will embrace us on our new journey in 2016. Please give us the discipline we need to accomplish our goals so that we are not led astray by naysayers.

Submitted by Shondra M. Quarles

January 9, 2016
Walk with Us

“In their hearts humans plan their course, but the LORD establishes their steps.”
Proverbs 16:9 NIV

Dear Lord, We come in gratitude for all the ways that you have blessed us. We ask that you reinvent us. We ask you to give us the right spirit within our hearts and within our minds. Where we are selfish make us generous. Where we hate, replace it with love. Where there is discord, replace it with peace. When we are sorrowful, replace it with joy. Make us faithful to you, and kind to others. Deliver us from anger and anxiety. Help us to be who you designed us to be. We give you love and gratitude in Jesus’ name. Amen.

Submitted by Nelda Albright

PRAYERS TO RESTRUCTURE

January 10, 2016
Under Construction

“Put on your new nature, created to be like God—truly righteous and holy.” Ephesians 4:24 NLT

Lord, thank you so much for how amazing it is to be restructured emotionally and spiritually by reading your word, meditating on them and absorbing them in my mind, my heart and my soul. Lord help me to bring love, forgiveness and reconciliation everywhere I go. As I enter the restructuring process help me to be mindful that it is likened to being under construction. The very words imply everything from delays to messy rooms and traffic congestion. When something is “under construction,” it’s not exactly pretty, or perfect. It’s where things get messy before they get beautiful.

Lord, thank you that even when my soul is downcast and I have poured out my heart to you, I can be restructured by your presence. Thank you for your great love. Thank you that your compassion never fails. Thank you for your great faithfulness and unfailing love – made available through Jesus Christ, my Lord.
Lord, I want to be useful to you, the Master – an instrument for noble purposes, prepared to do any good work. I want to seek your face, to bind myself to you. I dedicate myself to you again today.

May we as a church be useful to you, Lord. May we be a community where people find kindness, faith, love, and peace. May we bring the good news of Jesus to all, transforming our society and changing our world in the power of the Holy Spirit.

Submitted by LaShante Williams

January 11, 2016
Restructure our Church

Where there is no vison, the people perish; but he that keepeth the law, happy is he. Proverbs 29:18 KJV

Dear Father God, We desire as a church to grasp the vision you have for us and then restructure in your will and in your way. We pray that you would lead and guide us to take a united step of faith, in the direction that you would have us to go. Lord, help us to understand the church vision that you have for us, and may we be sensitive to your guidance. I ask that you prevent us from seeking to implement our own inferior ideas instead of your plans and purposes. Heavenly Father, help us not to destroy your vision. Draw us closer to each other and to you, as we seek your face together in prayer. May you strengthen our inner man to carry out your plan. Father, I ask that you will sound the trumpet and change will happen in the structuring of Friendship West Baptist Church. Holy Spirit, please remove and replace, send those you have called to do the work for your vision. We pray and ask these things in Jesus’ name. Amen.

Submitted by Chloe Dawson

January 12, 2016
Strengthen Me

“But I will sing of your strength, in the morning I will sing of your love; for you are my fortress, my refuge in times of trouble.” Psalm 59:16 NIV

Dear God, Thank you for redirecting my thoughts while you teach me to be still and seek your wisdom. Restructure and rearrange me in only the way you can. Thank you for creating me in your image; strengthening my self-esteem, and letting me understand the depth of my worth. May I embrace your unconditional love; for it’s only you I trust....my redeemer, my Savior, my rock. In Jesus’ name.

Submitted by Demeta J. Sharp
January 13, 2016
Devotion to Doing Good

“Remind the people to be subject to rulers and authorities, to be obedient, to be ready to do whatever is good, to slander no one, to be peaceable and considerate, and to show true humility toward all men. At one time we too were foolish, disobedient, deceived and enslaved by all kinds of passions and pleasures. We lived in malice and envy, being hated and hating one another. But when the kindness and love of God our Savior appeared, he saved us, not because of righteous things we had done, but because of his mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit, whom he poured out on us generously through Jesus Christ our Savior, so that, having been justified by his grace, we might become heirs having the hope of eternal life. This is a trustworthy saying. And I want you to stress these things so that those who have trusted in God may be careful to devote themselves to doing what is good. These things are excellent and profitable for everyone.” Titus 3:1-8 NIV

Father, I come to you today being thankful that you are a great God! Your word says great is your faithfulness towards me and your compassion never fails. You are indeed a good God and your mercy endures forever. I know this full well. As I think about your faithfulness, I ask that you rearrange the way I walk and talk to align with this new me of 2016. Revitalize your Holy Spirit within me to help me walk in the ways of your goodness. I desire to know what you consider as good. I desire to think and dwell on the generosity of Jesus and to exhibit those attributes through speech and actions so that others may see your goodness in me. Please restructure the ways of my mind, heart, spirit, and evidence thereof to benefit your holy kingdom. Make me ready to be peaceable, considerate, gentle, and wise. In the name of Jesus, Amen.

Submitted by Dawana Marsh

January 14, 2016
Let it be said, “Well done…”

“His lord said unto him, well done, thou good and faithful servant: thou hast been faithful over a few things, I will make thee ruler over many things: enter thou into the joy of thy lord.” Matthew 25:21 KJV

I approach your throne of grace with humility and with expectation knowing that your eyes on the righteous and your ears are attentive to our prayers. God because I know that you hear my prayers I come asking that you forgive me of things that I’ve said, the things that I’ve done, and things that I’ve thought that did not bring glory to your name. Create in me a clean heart and renew a right spirit within me. I need your power and your presence to restructure my life as your instrument of righteousness, and as a servant of Jesus Christ. I know change can be challenging.

Lord, I worship you in the splendor of your holiness and it is my desire to be pleasing unto you, so fill me with your spirit so that I may produce love, joy, peace, patience,
kindness, gentleness, faithfulness, and self-control. I am eternally indebted to you for your sacrificial love and it is my desire to show gratitude by making disciples as you have commanded.

I understand that obedience is better than sacrifice so I commit to being obedient, because when it’s all over down here, I want to hear you say well done my good and faithful servant. In the only name that matters, Jesus the Christ. Amen!

Submitted by Angela Thomas

January 15, 2016
Remake our Church

“This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us — whatever we ask — we know that we have what we asked of him.” 1 John 5:14-15.

Father God in Your Son Jesus’ name I come humbly before you, giving you all the praise and honor. Continue to look upon us, post-reinvention, during restructuring of our church, congregation, finances, ministries and leaders. Make it align with your will and your way. I pray for another phase of the design of the church completed under the watch of our Senior Pastor, Dr. Frederick D. Haynes, III. We pray for the congregation that more members will join HTBI to be well equipped for enduring this restructure. Father God I pray while under this restructure that more souls are added to our ministries to work your harvest. I pray for the finances to be granted for the cost and that it will be completed in a timely manner. I give thanks to you Father God in your son Jesus’ name that these things asked are already done. Even if we don’t see it, I speak it, in faith, into existence in Jesus’ mighty name. Amen and Amen.

Submitted by Jannette Swinton

January 16, 2016
Restructure for Our Men

“Therefore, my beloved brethren, be ye steadfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord.” 1 Corinthians 15:58 KJV

Thank you Jesus for coming to the world and dying on the cross for our sins. Thank you Lord for the daily grace and mercy for which we are not worthy. Reposition our lives, oh Lord, so we become better Christian men who completely rely upon you for our welfare. Invigorate a desire in us to do your will so we may grow closer to you. Lord, help us to become disciples – learners and followers of Jesus Christ. Lord give us the strength to defeat the enemy when he attacks us in our daily routine and when we try to make disciples of other men. Lord give us the compassion to aide other members of the body of Christ when they are being attacked. These things we ask in Jesus’ name. Amen.
**PRAYERS TO RENEW**

**January 17, 2016**

**Cleanse Me**

“*Create in me a clean heart o God, and renew in me a right spirit.*” Psalm 51:10 KJV

Father God, in your Son Jesus’ name, I ask that you cleanse my heart from all unrighteousness; anything in me that does not represent you, please remove it. Lord, you are the lover of my soul, so I ask you to wash me and make me clean, circumcise my heart that I might be used by you for the building of your kingdom. As my mind is being renewed daily through your word and the presence of your spirit, Lord then and only then, I shall be transformed. I believe you for a refreshing of my mind, my heart, and my soul on a daily basis. Your word teaches us that “if we faint not; but though our outward man perish, yet the inward man is renewed day by day,” and I thank you for being that kind of God. These and other blessings I ask, in your Son Jesus name I pray, Amen.

**Submitted by Tanya Lee**

**January 18, 2016**

**Search Me, Remove Whatever is Not Needed**

“*Search me, God, and know my heart; test me and know my anxious thoughts.  See if there is any offensive way in me, and lead me in the way everlasting.*” Psalm 139: 23-24 NIV

God, I adore & love you. You are sweet, loving and amazing. You are everything that I need you to be and for that I’m grateful. God search me and remove anything in me that doesn’t please, honor, or reflect you. Create in me a clean heart and renew a right spirit within me. God, I desire to be closer to you. I desire to live a life that represents you in everything I say, think, and do. Renew my heart so that I will love as you love. Renew my mind that I will think like you. Renew my spirit that I will stay connected to you.

I thank you, God, that you are able to do exceedingly, abundantly, above all that we ask or think, according to the power that works in us. Thank you, God, that I am renewed in you!

**Submitted by Desiree Hammette**
January 19, 2016

Restore Me

“Remember me, O Lord, when you show favor to your people, come to my aid when you save them, that I may enjoy the prosperity of your chosen ones, that I may share in the joy of your nation and join your inheritance in giving praise.” Psalm 106:3-5

Gracious God, we need you. We pray in the name of Jesus for healing and renewal. You know the struggles and heartache your people have experienced and the rejection we have faced. You know our thoughts about giving up and giving in, but you have rescued us. You have promised to make our enemies our footstool and to protect us from the enemy of our souls. We are in need of strength and peace, healing and restoration. Cleanse our hearts and minds with your precious oil. Give us hope and desire to live in you. Bring renewal of life and circumstances in our current situation. Bring our heart to yours and help us to receive you. Please, God, help us to receive your love and kindness but most of all, help us to trust your plan for our lives. Hallelujah and Amen.

Submitted by Newtonia Hemphill

January 20, 2016

Deliver Me

“I lift my eyes toward the mountains. Where will my help come from? My help comes from the Lord, the Maker of heaven and earth.” Psalm 121:1-2 HCSB

Lord, I am only moved by your Spirit and your voice and I refuse to follow any other. Increase me in the Holy Spirit and anoint me with your power.

Lead me in your paths of righteousness daily that I may bless you, praise you, and worship you.

I commit all that I am to you so that your perfect will may be done through me. Fill me as your temple; with your Shekinah glory as much as possible.

Holy Spirit, speak to my heart through God’s word and prepare me with reverence, worship, and humility. I ask you, Lord, to take out of me, add to me or do to me; anything you desire.

Let your word be engrafted into me and become part of me; spirit, mind, will and emotions.

Deliver me where I am blind, wretched, naked and poor.

Lord, you are helping and causing me to be bold, dauntless, fearless, confident, intrepid, valiant, steadfast, faithful, true and loyal for your name.
Give me your love and grace for others and grace from you Lord. Allow your love and grace in me to flow and be administered to others by your Spirit in me, to manifest your presence in and through me.

Submitted by C. L. Bradshaw

January 21, 2016
Cancel the Assignment of the Enemy Against Me

“I assure you: The one who believes in me will also do the works that I do. And he will do even greater works than these, because I am going to the Father.” John 14:12 HCSB

Father God in the name of Jesus, In this process of renewal, I bind Satan, and any ruler spirits assigned against me, and all spirits not of the Holy Spirit. I bind them all from me binding Satan first. I command them to cease their hold on or against me. I break their communication lines and bind their messenger spirits and kindred spirits. I rebuke Satan in the mighty name of Jesus. I cast him out to go wondering in dry places never to return to me or any other living being in the name of Jesus. The word says “no weapons formed against me shall prosper” and it is so. Whom the Son sets free is free indeed. AND it is so... in the name of Jesus I pray AMEN.

Submitted by Mona Lisa Cash

January 22, 2016
A Prayer for Radical Renewal

“And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.” (Romans 12:2) KJV

Dear Heavenly Father, All powerful and mighty God, I surrender my mind to you. My mind, my body and my soul are all yours for the taking. It is time for renewal because nothing else will satisfy my soul. Show me the beauty of your holiness so that I may walk in grace and forgiveness. Cleanse me with your spirit, let the power take over my heart and give me assurance that I am your child. Renew every fiber of my being; allow it to discipline my soul with passion. Allow me to connect and depend on you. Renew, renew, renew; my mind, my body, and my soul. Amen.

Submitted by Rev. Dr. Theresa McDonald

January 23, 2016
Remove Fear

“But keep on the alert at all times, praying that you may have strength to escape all these things that are about to take place and to stand before the Son of Man.” Luke 21:36 NASB
Thank you, Heavenly Father for your mercies and your grace. We pray that you remove all doubts and fears so we may communicate with you daily. We pray, Father, for a renewal of our minds, body, and soul. Help us Lord to wait on you and not look to the world to shape, mold, and transform us. We pray to abide in you and you in us--- so Lord, illuminate our pathway so we will allow your will to be done in our lives. In Christ Jesus’ name, we pray. Amen.

Submitted by Belinda Davis

PRAYERS OF RECOMMITMENT

January 24, 2016
Make Me Over…Again

“Blessed are those whose way is blameless, who walk in the law of the Lord! Blessed are those who keep his testimonies, who seek him with their whole heart, who also do no wrong, but walk in his ways! You have commanded your precepts to be kept diligently. Oh that my ways may be steadfast in keeping your statutes!” Psalm 119:1-5 ESV

Dear Lord, I desire to recommit myself. I ashamedly confess that you haven't been first in my life. Have mercy on me, oh God. Forgive me for putting things and the people I love before you. Thank you for revealing what was in my heart so that I can get it right. Now help me to become the man you’ve created me to be; a selfless servant who loves you with a pure heart. Thank you for giving me a passion to walk closely with you. You know all of my desires. Grant me the courage to place ALL of them on the altar of sacrifice and LEAVE THEM THERE. Help me to trust you with everything, and to wait on your timing to bring the best into my life according to your purpose for me. Help me to fulfill your great and unique call on my life. Renew my heart, establish yourself as my joy, and use my life to bring you glory, honor, and praise. Thank you for forgiving me, for hearing and answering my prayer. I'm available now, and Lord... Help me to stay available, in Jesus' name, Amen.

Submitted by Dwayne Traylor

January 25, 2016
Your Strength, Not Mine

As soon as I pray, you answer me; you encourage me by giving me strength. Psalm 138:3 NLT

Dear Lord, I desire to know you better than I've ever known you before!! I want to genuinely seek you in all things. I want to know, understand, and feel your presence like never before. Forgive me for not allowing you to have full control over my life. I've
strayed away and my faith has been inconsistent, but you're still faithful. Help me to
recommit my life to you in every way possible.

Renew my heart, renew my faith, and pour into my life everything that I need to walk
boldly into the calling you have for my life. Give me the strength to fully submit every
inch of my soul to you and help me to trust you without restrictions. Help me to stop
fighting where you want to take control and give me more courage to believe you will do
exactly what you said you will do.

Help me move from fear to faith so that I may possess all that you want me to obtain in
life. I recommit because I realize there is no one else like you. I no longer desire to walk
through life without you. Surround me with your love and protect me with your grace
and mercy. Remove everything that is holding me back from the new things you have
designed for me.

Continue growth in the areas that you see fit. Knock down those things that are unhealthy
and block all negativity and doubt that comes my way as I draw closer to you. Help me to
spread the word of your unfailing love and sacrifice for your children as I seek you daily.

Thank you for giving me another chance to get it right! I love you forever! In Jesus' name
I pray. Amen

Submitted by Shay Hopkins

January 26, 2016
A Prayer of Thanksgiving

“Therefore be imitators of God, as beloved children.” Ephesians 5:1 ESV

Dear Lord, Thank you for your love, your mercy, and your grace. Thank you for loving
us and looking beyond our faults and seeing our needs. We cry out to you that you will
hear us and deliver us. Our hearts are broken and our spirits have been crushed. We
need you. You are our help and our shield. We humble ourselves before you. We come
before you being transparent and honest. We acknowledge our sins. We will not try to
cover them up or make excuses. We confess our transgressions to you.

We ask you Lord to cleanse our hearts. Renew us by the Holy Spirit. With our whole
heart we surrender to you withholding nothing. We commit everything to you Lord, our
hearts, our minds, our time, and our finances. We fully dedicate ourselves to you to be
used as you see fit. Thank you for your mercy that gives us the opportunity to recommit
our lives to you.

Thank you for Christ who was crucified for our transgressions. Thank you for
forgiveness. Thank you Lord for peace. Thank you for the gift of salvation and eternal
life. Our souls rejoice in the Lord and his salvation. When we consider the great things
you have done for us with our whole being we thank you.
We commit our ways to you Lord. Be our Savior who rules and reigns in our lives, not our will but your will be done. We let go of any and everything that will keep us from being faithful and dedicated to you. We will walk by faith and not by our circumstances. We will study your word and apply it in our lives. We know that you have a purpose and a plan for us. On this day we decree and declare that we will love the Lord with all our heart, all our soul, and all our might.

Submitted by Tonya Bradshaw

January 27, 2016
Fulfilling the Unique Call of God

“I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.” Psalm 134:14 NIV

Thank you for your commitment and your promises to me. Lord, I confess that I have strayed away from you, my first love, and I want to recommit my life to you. Please help me to become the person you created me to be. Help me to always live a life that is pleasing to you. I want to be a witness to others of your love, saving grace and your power. I want you to be Lord of my life.

Father I ask that you renew my passion to walk more closely with you. You know all my desires and plans. Help me to fulfill your unique call and purpose in my life. Renew my heart. Restore the joy of my salvation. Allow me to have a willing spirit to sustain. In Jesus' name Amen.

Submitted by Chloe Dawson

January 28, 2016
Recommitment, Above all Things, To You

“You shall follow the Lord your God and fear him; and you shall keep his commandments, listen to his voice, serve him, and cling to him.” Deuteronomy 13:4 NASB

Dear Heavenly Father, How we adore you God! Thank you for today, a day that was not promised to us. We ask that you forgive us for our sins. Please Lord; renew our hearts, minds, and souls. Lord we thank you for keeping your promise and for being faithful. Lord, thank you so much for not giving up on us and keeping your word.

Lord, you are more than words can express. We want to grow closer to you. Help us to not put anything before you. Help us to recommit to your daily word. Lord we have slacked in our praise, our worship, our serving, our tithing, our offering, our love, our obedience, our faithfulness, our prayers, and our service to you. God we are so sorry.
Please forgive us for being so selfish. Forgive us for worshiping money, our jobs, and material things. Help us to understand we are nothing without you. By your grace we are still here. So God we want to recommit our lives to you. You said we are saved just by your grace which is a gift itself. God you sent your only son to die for us so that we may have everlasting life.

Help us to not be conformed to this world, but be transformed by the renewing of our minds. Help us to devote ourselves to you Lord. Help us to come to work with a different mindset. Help us to have a worshipping spirit no matter where we go. Lord we want your light to shine through us and your presence to be on us. Lord thank you so much for allowing us to pray again and ask for renewed hearts and minds. Lord we love you and bless you in your son Jesus name!

Let's recommit ourselves back to the one who never broke His promise.

Submitted by Catherine Robinson

January 29, 2016
Giving Myself to You

“Behold, I stand at the door and knock. If anyone hears my voice and opens the door, I will come in to him and dine with him, and he with me.” Revelation 3:20 NKJV

Dear Lord, Today I repent and recommit my mind, soul, and body to you. Although I have failed you many times and in many ways, you keep nudging and calling me to return to you and you will return to me.

I walked away from you because I thought of my needs and myself more than I thought of you, and your love for me. For this, my spirit is grieved and my heart very sorrowful that I allowed my selfish desires and the cares of this world to cause me to turn away from you; the one who loves me in spite of me.

Lord, I admit that I am weak and have fallen far from your guidance. Therefore I’m asking for your forgiveness and your strength, to live a life that you require of me, a life that brings you “Glory”.

Thank you Lord, for I am recommitted to live a life that reflects your love and your power.

It is with great joy and thanksgiving that I offer this prayer in the name of my Lord and Savior, Jesus the Christ. Amen.

Submitted by Mother Vernell Henderson
January 30, 2016
The Power of Your Word

“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work.” 2 Timothy 3:16-17 NIV

Father God, It is time for recommitment. I have heard your voice and I want to get to know you better. I want to know your fullness, your glory, your beauty, and your story. I am recommitting myself to you Father God. I give up all control for a peace that I know will surpass all understanding. I want to give you a reconnection of strength and faith which will restore hope for a fruitful prosperous life. I declare you are my rock and my salvation, and I want to dwell in your presence forever. I dedicate my life anew to you. In your son Jesus’ name I pray this prayer, Amen.

Submitted by Theresa McDonald

PRAYERS FOR REVIVAL

January 31, 2016
Waking Up Revived, Part 1

"Therefore, if anyone is in Christ, the creation has come. The old has gone, the new is here!" 2 Corinthians 5:17 NIV

Dear Lord, Our Father, and Most Gracious Being,

I wake up this morning with a new purpose, a new sense of direction, a new attitude; a new state of being.

I wake up this morning giving you all the glory, all the praise, saying hallelujah.

I wake up this morning a changed person; a new person.

I wake up this morning with a peace of mind; Lord I no longer search for the missing; I have found all the love and warmth in my Father, Jesus Christ. I am reborn and renewed.

I wake up this morning grateful; I wake up this morning grateful for the pain, grateful for the storms, trials and hard-times; Father, I know you felt my trials and tribulations too. I praise your holy name. Amen.

Submitted by Quin Golden
February 1, 2016  
Waking Up Revived, Part II

My Heavenly Father,

I wake up this morning inspired knowing that you will never leave me alone.

I wake up knowing that my Father, God is all knowing and is working with me and for me.

I wake up knowing that I have favor.

I wake up knowing my Father above is working on reviving me.

I wake up this morning to a new atmosphere, a shifted atmosphere.

I wake up this morning knowing that God cares about my success; my renewals, my strength.

I wake up this morning with God meeting me right where I am; no matter who I am and what I have done.

I wake up this morning knowing that God has ordered my steps for restructuring, reinvention, renewal, and recommitment.

In the name of the Holy Spirit, God thank you for waking me up!

Submitted by Quin Golden

February 2, 2016  
Please, Bestow Patience

“But they that wait upon the LORD shall renew [their] strength; they shall mount up with wings as eagles; they shall run, and not be weary; [and] they shall walk, and not faint.”  
Isaiah 40:31 KJV

Father God, patience is a virtue. Revive us to be patient to live according to your will. Revive God, when we get weary in this journey of life. Revive us to find strength in you. Revive us to know that our strength only comes from.

Thank you that we can wait on you in perfect peace. Thank you that you are our provider and protector. Thank you that our strength comes through Jesus and the power of the Holy Spirit.

Lord, set us upon the foundation of Jesus Christ. Lord, make us soar in your will and way. Revive us to set our minds on Christ Jesus. When we become drained, we thank you.
for more strength. Each day Lord, revive us with the Holy Spirit so we can live for Jesus. Give us the power and strength to do your will. In Jesus’ Name, Amen.

Submitted by LaVera Caston

February 3, 2016
Restore Us

“He restores my soul. He leads me in paths of righteousness for his name’s sake.” Psalm 23:3 ESV

Lord, we thank you for your resurrection and restoration power! Thank you for transforming the dead areas in our lives, those that you desire to be alive, back to life in acceptable use for your glory. We thank you for leading us, Holy Spirit. Continue to show us the righteous path we should be on spiritually, in our family, friendships, education, finances, and in our careers. Reawaken us a greater consciousness of your name's sake. Let us do all that we do with thoughts of your Holy and Majestic name. We love you and praise you for all that you have restored. We pray and ask that you help us and give us the strength to endure, thrive, and love throughout the restoration process. In Jesus name, we pray. Amen.

Submitted by Dawana A. Marsh

February 4, 2016
Make Us Brand New

“Wherefore gird up the loins of your mind, be sober and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ.” 1 Peter 1:13 KJV

Lord, thank you for your grace that wakes us up and gives us the desire to live each day. Revive us to be the brand new creature you have ordained us to be. Thank you for Jesus who cares for us. Lord, we want to live a life of faithfulness, truth, justice and hope. Help us to live the life you want us to live; to have a clear mind, and to be open to what Jesus Christ has in store for us. Thank you that our hope is only in him. Thank you that we can live in Christ Jesus because of his grace and mercy. Thank you that Christ Jesus is our hope and salvation. Our hearts belong to him, our minds belong to him, and our spirits belong to him. Thank you for being the head of our lives. Amen.

Submitted by LaVera Caston

February 5, 2016
Grant Me Newness

“Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable--if anything is excellent or praiseworthy--think about such things”. Philippians 4:8 NIV
Dear Heavenly Father, We come to you mostly humbly and thank you for waking us up this morning and letting us see another day. We thank you for loving us in spite of ourselves. We are not worthy but accept your loving mercies and gracious kindness. Cleanse our heart and revive a right spirit that we will not conform to this world but be transformed for your service. Regulate our minds by the Holy Spirit in the innermost parts of our mind, body and soul. Restore in us the desire to do your will and not our own.

We surrender God our all to you knowing that we can do nothing without you. God, we pray for the strengthening of our relationship with you that we are operating not in ourselves but in your overall purpose for this world. Replenish what has been depleted in ministry and what the devil tries to steal from us. Revive in us a place of peace and inner joy that will help us through our darkness days. We know whatever our outer circumstances may portray that you are with us through it.

We love you with our whole heart and desire only to do what is pleasing to you. These and many blessings we pray in the name of your son Jesus Christ. Amen.

Submitted by Jacqueline Jones

February 6, 2016

Wash Me

“Behold, thou desirest truth in the inward parts: and in the hidden part thou shalt make me to know wisdom. Purge me with hyssop, and I shall be clean; Wash me, and I shall be whiter than snow.” Psalm 51:6-7 KJV

Father God in the name of Jesus, I call this temple cleansed of all of its histories, defilement, and evil residues by any and all previous memories, acknowledging any and all of my sins which I committed. I ask your forgiveness and renounce all sin which defiled my mind, body, and soul. I now anoint this temple and consecrate it to you for your GLORY, and by faith, speak it cleansed and renewed from head to toe by the Blood of Jesus Christ. I declare and decree it cleansed. In the name of Jesus, I pray this prayer in the knowing that it is already done. Amen.

Submitted by Mona Lisa Cash

February 7, 2016

Firm Faith

“Now faith is the substance of things hoped for, the evidence of things not seen”. Hebrews 11:1-40 KJV
To the almighty God, the only true and living God, the only God who spoke and it was. To the only God, who, with the tip of his finger placed the stars, sun and the moon, a never changing God who is the same yesterday, today and forever more.

Lord while we are still in your presence, should there be anything that may go before me that could hinder or block my prayers, I pray with a humble heart, mind and soul that you would forgive me for my sins, my thoughts and any actions that were not like you.

Dear Lord as we approach another new year. I pray that your people will continue to hold fast to the FAITH and continue to believe in the word, your word which is the truth and the true light. Although, we’re not perfect. While we are striving to follow, the purpose you have for us, we understand, that we cannot do it alone. With your grace and mercy we can endure the ups and down of life.

So thank you for our faith and the belief you have bestowed upon us. May our faith hold strong during our time of weakness. May our belief in you be unwavering. In advance, we praise you and we thank you. Amen.

Submitted by Frank McGilvery

February 8, 2016
Inner Revival

“Create in me a clean heart, O God; and renew a right spirit within me.” Psalms 51:10 KJV

Most Holy and Faithful God, I come boldly to you now because you are God and there is none like you. I come now thanking you for you are great and greatly to be praised.

I’m asking you to forgive us of our sins and cleanse us of all unrighteousness. We’ve sinned and fallen short of your glory. Restore us back into a right fellowship with you. We’re helpless and nothing without you. Have thine own way God.

I come asking that you do a new thing in our lives. We’re sick and tired of being sick and tired. So, touch us dear God with your unchanging hands. Do something so supernatural in us that we cease to be who we were. Change us, wash us and purge us from the inside out. I come praying for heart transplants in 2016. Lord, send a revival right now God. Give us what we need to leave the old man behind. We want to be new. Give us a new way of walking and a new way of talking.

Teach us how to live, love and give ourselves away to you. Get into every areas of our lives. Get in our business God. Get in our homes, our jobs, our relationships with one another, our families, our finances and even our churches. Give us a “no more business as usual” attitude. Renew a right spirit in us, a godly spirit, an unconditional loving spirit. So, that we my build each other up and stop dragging each other down. You are an
awesome God and we believe you to do just what you said you would do. We thank you now and we praise you in advance. For it is so and so it is. In Jesus’ name I pray. Amen.

Submitted by Shirley Lankford

February 9, 2016
Lord, Recondition Me

“And I will restore to you the years that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm, my great army which I sent among you.” Joel 2:25 KJV

Heavenly Father, I humble myself and repent for any bad choices I have made during the years. I ask you to bring full restoration into my life. May the glory on my latter house be greater than that on my former house. I pray 2016 be a year of overflow, breakthrough, restoration, transformation, deliverance, total commitment, refocus, unity, love and unmerited favor, in Jesus name I pray. I thank you in advance for the abundant harvest and fresh anointing that is coming my way! In Jesus name, Amen.

Submitted by Cameron Pate

February 10, 2016
Intense Strength for the Journey

“I can do all things through Christ which strengtheneth me.” Philippians 4:13 KJV

Heavenly Father, I come to you with thanksgiving in my heart and a praise on my lips. Thank you God for the opportunity and privilege of prayer. I pray that you would continue to grant us wisdom, understanding, direction and strength as we complete this journey through these 40 Days of Praying and Fasting. Renew, recommit, restructure, reinvent and revive us dear God. Give us what we need to complete this journey changed. I pray that revival will come in a mighty way and our hearts will be opened to truly hearing and accepting the saving Gospel of Jesus Christ. In Jesus’ name I pray. Amen.

Submitted by Anonymous