

HTBI 2008 Spring Courses

Tuesday Classes Beginning, April 8, 2008 (Eight-Week Sessions)

(FSA704E) Boundaries in Marriage

This class shows couples how to apply the 10 laws of boundaries that can make a real difference in relationships which will help husbands and wives understand the friction points or serious hurts and betrayals in their marriage so that they can move beyond them to the mutual care, respect, affirmation, and intimacy they both long for. Learning to understand boundaries of respecting a spouse's personal "territory" actually strengthens a relationship as well as how to safeguard marriage from intruders such as idols, affairs, and well-meaning parents.

(CLD201) God's Armor Bearer

Leaders in the Bible often chose loyal "armor bearers" to assist and protect them. Christian leaders today also need dedicated assistants to turn visions into reality. Like leaders in the bible, pastors today need Christians willing to help in the role of God's Armor Bearer. Reaffirming the significance of the local church and understand the importance of Running with Your Pastor's Vision. Learn how to get "plugged into" your congregation; leave your comfort zone; and develop your gifts for spiritual service. This class uses biblical examples of servant-hearted helpers to help you discover and develop the essential qualities of an integral team player!

(PG503E) 10 Curses That Block the Blessing

Have you been suffering with depression, family dysfunction, marital unhappiness, or other problems and been unable to overcome them? This class will help you understand how to break curses and reveal how you can: Restore your health and wealth; Receive dominion - what it is and how to use it; Recognize the signs of a curse; End cycles of abuse and violence; Be set free from generational curses; and Bring your children to Christ

(FSB602E) Technical Virgin: How far Is Too Far?

This class answers questions that you might be afraid to ask. *"Have I gone too far?" "What is too far?" "If I've messed up, will God forgive me?" "What should I do from now on?"* Knowing when to draw the line will help save you the pain "everything but sex" can bring. This class can help you to understand how start to over with a clean slate if you've already "messed up" and keep your purity intact if you're just starting to get physical with guys or girls. Purity does not have room for compromise.

(CLD408E) A Pastor in Every Pew: Equipping Laity for Pastoral Care

Pastoral care is the work of every Christian, not just the clergy. This course will help local church leaders to assist their pastor in pastoral care. This class will also help train participants to develop the skills they need to render effective Christian care in a variety of situations while establishing person-to-person care giving that focuses on building trust, effective listening, dealing with feelings, prayer, and the use of scripture.

(PG504E) Safe People: How to Find Relationships That Are Good for You

Do your "people connections" lift you up or drag you down? If you often make "wrong" choices in love, work, or friendships, you can learn to find people who are good for you. This class will help you identify traits of untrustworthy people, offer practical strategies for forming healthy associations and reveal things about yourself that jeopardize relationships.

(FSA703) Flawed Families of the Bible: How God's Grace Works through Imperfect Relationships

Jacob and Esau, Joseph and his brothers, Lot and his kids . . . families in the Bible weren't perfect--just like many of today's families. But there's hope! Offering an up-close look at biblical characters, this class encourages you to go beyond betrayal, jealousy, and insecurity in your relationships and catch a glimpse of grace in life's "imperfect places."

(CLD407E) Hand Me Another Brick: Leadership Lessons from Nehemiah

If you need principles of effective leadership, where would you turn? Right to the book of Nehemiah! Under Nehemiah's Godly direction and his capability for inspiring others, the wall of Jerusalem was rebuilt. In this class you'll travel into Nehemiah's world where the walls of his beloved city, Jerusalem, had crumbled. Regardless of the extent of your leadership realm you can learn from Nehemiah's Godly example. Like the bricks and mortar of a solid, ancient city wall, the bricks of excellent leadership must be placed on a foundation of the Bible and Godly character with the mortar of faith and fortitude.

(TS808E) Heaven

As the years pass and we watch more and more of our family, friends and mentors pass away, it is only natural to ask questions about heaven. However, our understanding of heaven is often limited to a few half-forgotten Sunday school lessons and the insubstantial images provided by popular movies and T.V. This class provides us with a thoroughly researched and biblically definitive description of heaven and addresses our most serious questions about heaven, including the nature of judgment, and answers a few of our less serious questions as well. You will develop a deeper understanding of our eternal destination and will find the courage to strive for heaven while we're living on earth.

(PG407E) Choosing Forgiveness: Your Journey to Freedom

This class shows people how forgiveness can unlock the prison of resentment, bitterness and ill health. Understand how forgiving like God is a choice that frees us from the burdens of bitterness, anger, and isolation. Persons struggling with long-held hurts will be helped and healed by wisdom and God's truth.

(CA101) The Master Plan of Evangelism

Even if you do not think evangelism is for you, this class gives step-by-step, and proven ways to change your lifestyle into an evangelistic lifestyle that honors God. You will be equipped to effectively and intentionally share with people who need to know God loves them. Learn the value of your story/testimony as you share the Gospel of Jesus Christ. This class will also help you confirm what you believe, to know and understand your assignment and to identify barriers/obstacles that prevent you from becoming a LIFESTYLE WITNESS. If you would like to become a decision counselor or just learn how to evangelize, then this class is a must!

(NT201) Introduction to the New Testament - Part 1

This class will provide a working understanding of the New Testament. This class will first examine intertestamental and first-century history, Gentile religions and philosophies, and Judaistic practices. After treating the entire New Testament at a glance, this class then focuses on the individual books, providing introductory data, detailed outlines, and summary commentary.

**Thursday Classes Beginning, April 10, 2008
(Eight-Week Sessions)**

(CL301) Christian Ethics

How does a person judge what is ethical? What's the standard, and can it work in all situations? This class shows how you can live with integrity by using the Golden Rule as your standard, regardless of religion, culture, or circumstances. Along the way, it delves into the desires of the human heart, reveals the five most common pitfalls that throw people off the ethical track, and teaches how to develop the Midas touch when it comes to personal integrity.

(FSB601E) Waiting and Dating

This class looks at all of the relevant questions that swirl around the dating issue. What is the purpose of dating? When is a person "ready" to date? What are the appropriate guidelines for dating? Should I be dating? These are important questions that deserve answers. This class provides those answers as he seeks to help people avoid the possibility of shipwrecking their lives and helps them build for the future.

(TS501) Teacher and Leadership Certification (10 weeks)

This advanced course is a requirement for persons called to leadership, teaching, or the proclamation of God's word. This training provides intensive instruction in theology, teaching, biblical interpretation and leadership. Students must attend all classes. Only pre-approved students may attend. An authorization form must be obtained and signed by your ministry leader and staff pastor then presented at the time of registration. YOU MUST REGISTER IN PERSON.

(PG505E) Twelve Extraordinary Women: How God Shaped Women in the Bible

In *Twelve Extraordinary Women*, you will learn more than fascinating information about twelve (12) women; you'll discover—perhaps for the first time—the unmistakable chronology of God's redemptive work in history through their lives. These women were not ancillary to His Plan, they were at the very heart of it. Understand the why these women were celebrated for their courage, vision, hospitality, and spiritual giftedness, who were so important to God's plan revealed in the Old and New Testaments.

(PW401E) American Sign Language Beginner's Course

This American Sign Language course is for the beginner. No experience is required! Students will learn basic Deaf History and Culture vocabulary, religious vocabulary, grammar, finger-spelling, numbers, and terminology. Experience a new type of worship. This class is open to youth and adult.

(FD301) How to Study the Bible and Enjoy It!

Do you find the Bible confusing—full of stuffy stories, ancient history, and irrelevant rules? The exact opposite is true! Demystify scripture, unlocking its extraordinary relevance and transforming power in your life. Get ready to absorb the Word of God with all your senses!

Thursday Class Schedule (Beginning April 10, 2008)
weeks

Course Length - 8

Fees: Online registration - \$10.00 On-site registration: \$15.00

(LCC1101) Lay Counseling Certification Course - Part I

Part I of a comprehensive training course that will allow our members to experience and explore the uniqueness and complexities of mankind and how Christ is essential for us to live effective lives. Biblical Christian values are required to adequately help a person evaluate alternatives. MUST REGISTER IN PERSON.

The courses will emphasize a Christ-centered approach for counseling.
The student will gain knowledge of counseling approaches and techniques.
The student will develop an understanding of these facts for effective application in counseling.

Course One Topics:

The Lay Counseling Ministry
Identify the Problem
Determine the Action Plan
A Fundamental Skill – Listening
Building Relationships
Expectations and Boundaries

(NT507E) Twelve Ordinary Men: How the Master Shaped His Disciples for Greatness

Contrary to popular belief, we do not have to be perfect to do God's work. Look no further than the twelve disciples whose many weaknesses are forever preserved throughout the pages of the New Testament. Jesus chose ordinary men - fisherman, tax collectors, political zealots - and turned their weakness into strength, producing greatness from utter uselessness. Join John MacArthur as he draws principles from Christ's careful, hands-on training of the original twelve disciples for today's modern disciple - you!

(FD201) Listening to God: Spiritual Formation

This class provides guidance and help to those who wish to explore the riches of Christian spirituality. This class offers a framework for understanding the spiritual disciplines as well as instruction in developing and nurturing those practices. There will be clear, practical, and inspirational discussions on topics such as prayer, spiritual reading, worship, fasting, self-examination, and hospitality.

Free Class Offerings | Registration is required

Course day & length: Tuesdays/ 8 week session - **Course begins:** April 8, 2008

Registration fee: Free

(ISSL102) International Sunday School Lesson: God's Call, Then and Now

Which of the four Gospels is your favorite? If pressed to choose, many would opt for the Gospel of Luke. This book, like the other Gospels, is full of beloved stories about our Savior. But some of our favorite stories are found only in Luke. These include accounts of Mary and Joseph's trip to Bethlehem, the angel choir that appeared to the shepherds, the teaching about the Good Samaritan, and the encounter on the road to Emmaus between the resurrected Jesus and two disciples. This quarter we will look at texts from Luke's Gospel that deal with God's call to His people. One cannot read the Bible without encountering individuals who are called by God to do certain things. Moses heard the voice of God coming from the burning bush (Exodus 3:4). Samuel was called by God while still a child living in the temple (1 Samuel 3:4). Jesus appeared to Paul on the Damascus road to call him to be the apostle to the Gentiles (Acts 26:14-18; compare Galatians 1:15, 16). Paul was even careful to note that the Lord spoke to him in a specific language!

Course day & length: Thursdays/ 8 week session - **Course begins:** April 10, 2008

Registration fee: Free

(NMO101) New Member Orientation Classes (No Cost)

The New Member Orientation is required for all new members and is necessary for involvement in FWBC's servant communities. It is designed to both inform and encourage you to get connected to our Church body via our servant communities. We thank you for your commitment to complete the orientation process. The orientation training is comprised of two in-class phases:

Phase 1: The goal of this phase is to provide an overview of foundational concepts including Church History, Statement of Faith, the FWBC Senior Pastor, 20/20 Vision, Mission Statement, Vision Statement, Motto, and Goal. This phase also covers fundamental topics of the Christian faith such as God, Jesus Christ, the Holy Spirit, Christian Precepts, Man and Sin, Salvation, Baptism, Prayer and Tithing.

Phase 2: The goal of this phase is to introduce new members to how God has equipped

each one of us to serve effectively within the Body of Christ. This phase will cover topics such as the Meaning of Service, Unwrapping your Spiritual Gifts, Listening to your Heart, Applying your Abilities, Using your Personality and Employing your Experiences.

Free Class Offerings Continued | Registration is required

FAITH FITNESS CLASSES

FAITH FITNESS CLASS SCHEDULE

Tuesday

5:45pm-6:30pm • *Dance for Christ*

6:45pm-7:45pm Kid Fit

6:45pm-7:45pm • *Jump Start Cardio & Power Yoga and Pilates*

Thursday

6:30pm-7:30pm • *Step Aerobics*

6:30pm-7:30 Kid Fit

Saturday

10am-11am • *Kickboxing*

DESCRIPTION OF CLASSES

Dance for Christ!

Praise God through Dance and get fit at the same time! This class will consist of a variety of dance styles from hip hop to ballet. Format of class is dependent on skill level and dance style of instructor.

Jump Start Cardio and Power Yoga and Pilates

This class includes 35 minutes of heart pumping cardio and 25 minutes of Pilates and yoga. Moves are done to develop balance, and long, lean, toned muscles. Strengthen your heart; gain improved flexibility and range of motion. Participants are encouraged to work at their own comfort level. This class is great for all levels of fitness!

Step Aerobics

Step aerobics makes you feel liberated and alive. Using a height-adjustable step and simple movements on, over and around the step you get huge motivation from motivating music. This class will push you into high gear followed by muscle-conditioning that shape and tone your body. This class is great for those new to exercise and those who are awesomely athletic!

Kickboxing

This aerobic class provides an intense cardiovascular and full body work out. Kicks, punches, cardio intervals, and strength training. Rid yourself of stress with this one! This class is great for ALL levels of fitness!

Class Guidelines

Come to class wearing athletic shoes/walking shoes/cross training shoes. Sandals, flip flops, "church shoes," and bare feet are not permitted. **Bring water to class!** You have to come hydrated to class. About 8 ounces of water before, during and after the workout is sufficient. If you sweat more, drink more water.

2008 Spring Session Book List

TITLE	Cost
(CA101) The Master Plan of Evangelism	(No book required)
(CL301) Christian Ethics Christian Ethics: An Essential Guide by Robert W. Lovin	\$10.20
(CLD201) God's Armor Bearer God's Armor Bearer by Terry Nance	\$11.19
(CLD408E) A Pastor in Every Pew:Equipping Laity for Pastoral Care A Pastor in Every Pew:Equipping Laity for Pastoral Care by Leroy T. Howe	\$10.20
(CLD407E) Hand Me Another Brick: Leadership Lessons from Nehemiah Hand Me Another Brick by Charles Swindoll	\$10.19
(FD201) Listening to God: Spiritual Formation Spiritual Disciplines for the Christian Life by Donald S. Whitney	\$7.99
(FD301) How to Study the Bible and Enjoy It How to Study the Bible and Enjoy it by Skip Heitzig	\$9.34
(FSA703) Flawed Families of the Bible: How God's Grace Works Through Imperfect Relationships Flawed Families of the Bible: by David and Diana Garland	\$13.59
(FSA704E) Boundaries In Marriage Boundaries in Marriage by Henry Cloud and John Townsend	\$12.99
(FSB601E) Waiting and Dating Waiting and Dating by Myles Munroe	\$13.99
(FSB602E) Technical Virgin: How Far Is Too Far? Technical Virgin: How Far Is Too Far? by Hayley DiMarco	\$10.19
(ISSL102) International Sunday School Lesson	(Books distributed in class)
(LCC1101) Lay Counseling Certification Course—Part 1 Wise Counsel: Skills for Lay Counseling by John Drakeford and Claude V. King (Lifeway)	\$14.95
(NMO101) New Member Orientation Class	(No Book Required)
(PG407E) Choosing Forgiveness: Your Journey to Freedom Choosing Forgiveness: Your Journey to Freedom by Nancy Leigh DeMoss	\$10.19
(PG503E) 10 Curses that Block the Blessing 10 Courses that Block the Blessing by Larry Huch	\$10.39
(PG504E) Safe People: How To Find Relationships That Are Good For You Safe People: by Henry Cloud and John Townsend	\$10.39
(PG505E) Twelve Extraordinary Women: How God Shaped Women of the Bible Twelve Extraordinary Women by John MacArthur	\$15.63
(NT201) Introduction to the New Testament Part 1	(No book required)
(NT507E) Twelve Ordinary Men: How the Master Shaped His Disciples for Greatness Twelve Ordinary Men by John MacArthur	\$10.19

(PW401E) American Sign Language Beginners Course

(No book required)

(TS501) Teacher and Leadership Certification
Survey of Bible Doctrine by Charles Ryrie

\$11.89

(TS808E) Heaven
Heaven by Randy Alcorn

\$16.49